

# The Spirit of St. Luke

St. Luke Evangelical  
Lutheran Church  
7001 Harford Road  
Baltimore, Md. 21234

Issue 8  
August 2011

## What Did They Do This Summer at St. Luke ?



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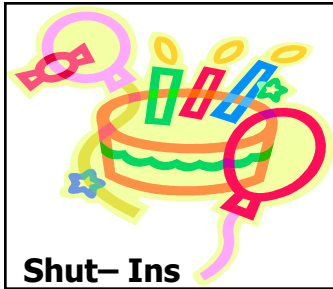
Vacation Bible School, Music and Video Camps were a great success. On Sundays some families and children from each of our camps attended worship to share with the congregation the new skills that they acquired during their time at St. Luke.

The group at the top left are our musicians. They played the prelude on xylophones, sang and danced for the offertory and drummed the postlude. The other photos on this page are from VBS. There were 30 children (continued on page 3.)

### Homecoming and Parkville Fair

Both these events will give us an opportunity to reach out to people who may be looking for a church home. We need a few people (six) who can help to manage the tables at the fair. For Homecoming we are asking everyone to invite two friends or family members who have been away from St. Luke for a while. See pastor.

**Birthdays of our Shut-Ins and Members: Aug. & Sept.**



**Shut- Ins**

**8-17 Mrs. Margaret Davis** 2735 Glendale Rd. Baltimore, MD 21234

**9-5 Mrs. Shirley Deitz** 2729 Chesley Ave. Baltimore, MD 21234

**9-15 Mrs. Emily King** 3215 Woodhome Ave. Baltimore, MD 21234

**August Birthdays**

- 08/01** Cooke, Susan
- 08/04** Kleinwort, Lisa
- 08/05** DeBord, Charles
- 08/12** Walters, Janice
- 08/17** Davis, Margaret
- 08/20** Vigilante, Jeff
- 08/21** Mejia, Alexa
- 08/21** Mejia, Zoey
- 08/25** Mann, Frank
- 08/28** Merriken, Kim
- 08/31** Miller, Stacie

**THANK YOU:**

**Dennis King**

Dennis has been



living in the parsonage for the past four

weeks to help with the summer camps.

**THANK YOU, Dennis for filling in for Katya in worship on 8/7.**

**September 11<sup>th</sup> – Homecoming/ Rally Day**

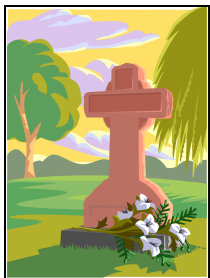
Come and be part of the celebration!

**Sunday, Sept. 18 - 2011 Parkville Towne Fair**

from 10 am – 4 pm. Located on Harford Rd. between Taylor Ave. and Dubois Ave. (Quest Lab). Rain date Oct. 2.

**Lowry Chord Organ** – now available. It comes with a bench. If you are interested in it, call Marie and Walt Lemmon at 410 -665-0497

**Our prayers and sympathy** go to the families of Daniel Bowles and Albert Taylor. (as of August 7)



**TOWN HALL MEETING: Aug. 14**

We sincerely apologize for not having the Town Hall Meeting the day of the picnic. We have rescheduled the meeting for Sunday, August 14<sup>th</sup> immediately after the service in the front of the church. Come to the front of the church and Council and Pas-

tor will be glad to meet with you.



Thank you to Pastor Margaret for my hospital visit and also to Doris and Wayne Chlan and George and Lucy Boellner. Thank you, Lucy, for the beautiful flowers to make my room more cheerful and cards from Elfriede Ashton. Thank you to all friends and members of the church for your prayers to help me get better and get home. My gratitude and prayers to all. Carolyn Bochau.

**Usher Schedule**

**USHER REMINDER:** When you take the attendance count each week, please record it in the book. Someone from each team should be assigned to do this.

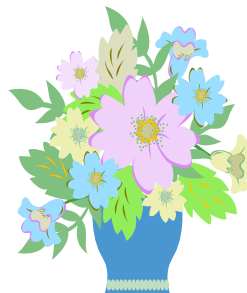
**August 2011**

- Stephanie Youells*
- Fred Altman*
- Carol Orlando*
- John Orlando*

**September 2011**

- Wayne Chlan*
- Doris Chlan*
- Kathy & Dennis Egner*

**Altar FLOWERS**



Call the Church Office to get the date you would like. **Flowers are \$17.00 per vase.**

**The Men's and Women's Luncheons : August 17th**

There will be a sign up sheet in the back of the church. The luncheon is at the Silver Spring Mining Company. Time 11:30 a.m.

## Health Ministries by Anne Mann

*“There are different kinds of service, but we serve the same Lord. God works in different ways, but it is the same God who does the work in all of us.” 1 Corinthians 12:5,6 NLT*

When diagnosed with the same illness, historically men and women were given the same prescriptions and procedures. Does that make sense? You know you are different and now, so do researchers, pharmaceutical companies, and physicians. In the last decade, they have begun to look at genetic differences between men and women and those differences impact treatment and procedures. They have discovered that varying levels of estrogen and testosterone as well as differences in inherent risk-taking behavior impact the tendency for certain illnesses, levels of severity, and treatment of choice.

Genetics cause differences in body weight, organ size, and body fat which impact how medications are processed, what dosage is required, and how effective they are. Because of physical differences, women tend to require smaller doses than men. The level of sex hormones in men and women can impact a medication’s effectiveness as well as the size of the liver or kidney that processes the medication. In both situations dosage adjustments may be required. For example, some antibiotics tend to be more effective in women, while anesthesia tends to be longer lasting in men. These differences can cause challenges for physicians looking for the right therapeutic dose.

Previous research was conducted on men while the newer studies are concentrating on women’s health, risk factors, and treatment options. Results show that women have more headaches than men, delayed cardiac problems, higher risk for diabetes from smoking, and greater difficulty with breaking the smoking habit. The good news is that women tend to seek health care before men will – especially for mental illness.

## VBS, Music and Video Camp Continued ...

attending the VBS. The theme this year centered on the parable that Jesus told of the Sower and the seeds. It also looked at ways to be better stewards of the environment.

They learned songs such as “He’s Got the Whole World in His Hands” which the children then heard when they came to worship. One of the important parts of being a “thriving ministry in

the community” is connecting our week day ministry with the source of our motivation: our faith and worship life. There were 29 in Music Camp and we limited Video to 12.



*“Researchers, pharmaceutical companies and physicians have begun to look at genetic differences between men and women and those differences impact treatment and procedures.”*



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**Needed  
Supplies:**  
Three ring  
binders,  
crayons,  
pencils, pens,  
lined paper,  
glue sticks or  
small bottles  
of glue,  
markers,  
tennis balls,  
backpacks,  
hand sanitizer,  
erasers, etc.

(L to R) Pat Miller, Dennis King and  
Kat Budrecki, VBS Staff with  
Kyra Lester -Jack Merriken, campers.

**Back To School  
Sunday:**

On Aug. 28th we will  
bless the children and  
youth of St. Luke and  
the donated school  
supplies for Woodhome  
School.

You will find a container  
in the rear of the church  
for placing your  
donations.

Youth bring your back-  
packs on 8/28.



**Move over  
Steven  
Spielberg!**

Thanks to the  
help of our  
German vol-  
unteer, Den-  
nis King, we  
were able to  
create a  
movie  
entitled,  
"The Plague".  
It took only  
twenty hours  
of production  
time and  
seven hours  
of editing to  
make our five  
minute film!  
It premiered  
after Sunday  
morning  
worship 8/7.



**Staff and youth of the first Video Camp for 7th, 8th and 9th graders.**