



The Spirit of St. Luke

St . Luke Evangelical
Lutheran Church

The Spirit of St. Luke
May, 2011

Christ is Risen! He is Risen Indeed ! Hallelujah!

“ The strife is o’er, the battle done; now is the victor’s triumph won! Now be the song of praise begun. Alleluia!”

- The words of Symphonia Sirenum, Koln, 1695 set to the music of Palestrina, 1525-1594 and arranged by William Monk, 1823-1889 .

A hymn for all the ages.

I am not one to usually use military terms to describe images in the Christian faith but, the resurrection is truly a victory against the forces of sin, death and the devil. Forces which we all contend with daily, as we seek to be faithful to our Baptismal calling.

It is because Jesus triumphed that we to are enabled to endure the struggle; both in our personal lives and as a community of faith. We do so with hope because of God’s gift of the Holy Spirit; which sustains and guides us. Just as Jesus promised, we have not been left as orphans. *Pr. M. Herz-Lane*

Holy Week calls for extra hands; here are a pair: Pat Miller, Altar Guild & Mark Hofmann draping the cross. Thanks to all who helped: musicians, readers, choirs, worship leaders, decorators, cooks, etc. You were great!



A Week Among Weeks

Holy Week is a probably the most sacred space for the Christian community. During that time we re-live the last week in the life of Christ. Each worship service holds up a different facet: the joy of

Palm Sunday, the pain of separation and betrayal on Maundy Thursday at the Last Supper and foot washing experiences, the devastation of his death on Good Friday with increasing darkness as

candle lights are extinguished as the Passion Story is read; on the Vigil of Easter, Saturday, and on Easter morning itself, the total and complete joy of his resurrection heard in trumpets and alleluias!

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Looking Ahead to Summer Program

Vacation Bible School this year will be for young children from Kindergarten to 6th grades. The Music Camp will focus on the same age group. We will have a special program for 7th 8th and 9th grades on Video.

VBS July 18-22 (free)

Music Camp 25–29

Cost:\$25 for Music Camp

JrHigh Aug.1-5 (free)



This Lent, as part of the First Communion class, our children and their families were able to create a chalice and paten for each child/family.

The pictures surrounding the text are of their trip to the pottery store. In addition the confirmation class assisted with their communion instruction. At the evening Maundy Thursday service the congregation and families gather for a Seder, Holy Communion and Supper making the tie between the Last Supper of our Lord and Holy Communion. In keeping with tradition we also washed one another's feet.



Health Ministries -May

“Lord, doesn’t it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me!”

Luke 10:40 NLT

Are you a Mary who is eager to sit back and learn new things or a Martha who worries about the details of a job and is upset when others can’t multitask? Throughout the ages women have been taught to be organizers, nurturers, and caretakers for others while neglecting their own needs and desires. Even today you are expected to be super-woman and excel in the roles of wife, mother, daughter, volunteer, employee, caretaker, protector, and businesswoman. Unfortunately while accomplishing these tasks, women forget the most important tasks of a healthy life - balance and self-care.

You probably intellectually understand the importance of annual checkups and health screenings but often find excuses to ignore health issues because of the belief that caring for others is more important. In order to have the energy to care for others, it is important that you practice holistic self-care.

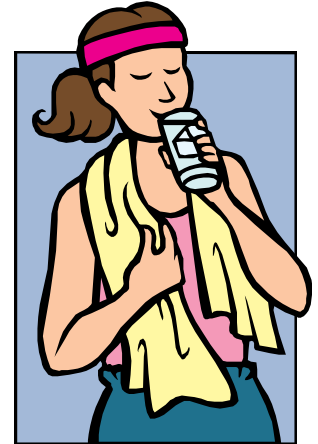
This means taking the time to rest, enjoy friends, and care for self.

Caring for the mind, spirit, and relationships through hobbies, meditation, morning devotions, lunch with friends, date or family night with a spouse or family will establish balance and stability. These activities will result in lower blood pressure, peace of mind, greater enjoyment of family, and renewed energy to tackle the difficulties of life and are just as important as medical appointments and screenings where health issues can be found before they become serious issues.

Being too involved in your work allows very little time for other things in life so take a look at how your day is spent and ask yourself how you can re-prioritize your activities. Plan ways to add personal time to your day and practice these changes. By balancing the work and fun in your life, you will experience immediate benefits of greater joy and fewer headaches.

By: Anne Mann

(Source: National Women’s Health Resource Center www.healthywoman.org)



“In order to have the energy to care for others, it is important that you practice holistic self-care.”

Preparing for the procession: Palm/Passion Sunday



Among the many hands involved with preparation for Holy Week were those of the Confirmation Classes and their parents. They all joined together on the Saturday before Palm/Passion Sunday to strip the palms for our processions on Saturday evening and Sunday morning.

For many this was the first opportunity to assist with this kind of preparation. Next year if anyone else would like the experience, just let me know; we will have plenty of palms for you! Pr. Margaret H.L.

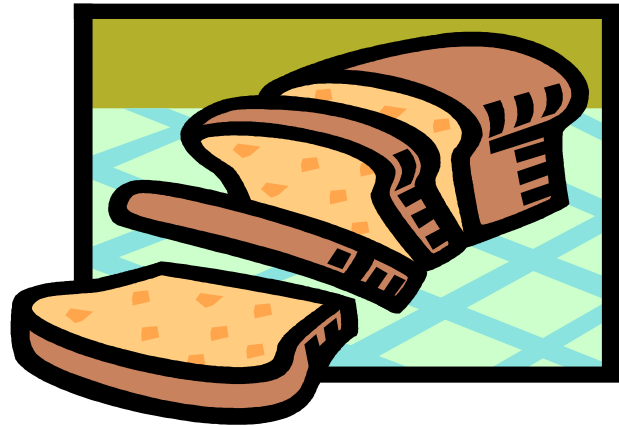
Birthdays of our Shut-Ins for May

- 5-5 ***Mrs. Evelyn Appell**
8810 Walther Blvd.; #3202
Baltimore, MD 21234-9020
- 5-7 **Mr. Roy Peterson**
Maryland Masonic Home
300 International Cr., Apt.104
Cockeysville, MD 21030-1300
- 5-21 **Mrs. Ruth Geis**
8820 Walther Blvd., Apt. 203
Baltimore, MD 21234-9042
- 5-23 **Mrs. Elizabeth Pack**
Calvert Manor Health Care
1881 Telegraph Rd.
Rising Sun, MD 21911-2018
- 5-26 **Mrs. Mary Beck**
3 Fork Springs Court
Baldwin, MD 21013-9311

New: Mon. May 30th Dinner at 6:30 pm

For the next two months St. Luke will be offering dinner on the last Monday of each month. Can you help? Can you come? Invite a neighbor, bring a friend or your family.

All are welcome.

**Usher Schedule**

USHER REMINDER: When you take the attendance count each week, please record it in the book. Someone from each team should be assigned to do this.

May 2011

George Boellner
Lucy Boellner
Rosalie Most
Mitchell Most

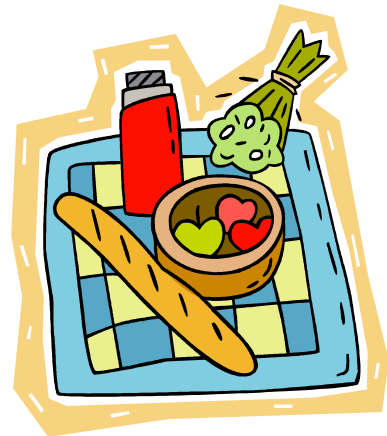
June 2011

Zach Egner
Aaron Egner
Jerry Miller
Jennifer Miller

**Men's and Women's
June Luncheon**

Time and Date: TBA

**The sign-up sheet
will be in the nar-
thex two weeks be-
fore the lunch.**

**Altar Flowers**

Call the Church Office to get the date you would like. *The flowers are \$17.00 per vase.*

Our prayers and sympathy

go to the families of Doris Brooks and Dolores Wright. *(as of May 8)*

Brick Orders for Courtyard ongoing! Forms in the back of the church. The next order will be in 2012.

Thank you

I would sincerely like to thank Pastor Margaret, Wayne and Doris, for their recent visit, it really did make my day one of the best I have had for quite a while. They were all looking for some "marshmallows" to stuff my mouth with because my words just came tumbling out with no let up.

Thanks again for the happiness and joy you all gave me.

In Christ's love – Carolyn Bochau

P.S. Many thanks to Pastor Margaret for stopping by with the beautiful altar flowers and treats.

St. Luke Church,

We want to thank all of you for the prayers, concerns and cards during the extended illness of Bob Rivkin.

Bob and Jeanne Rivkin

Dear Members and Friends of St. Luke,

Thank you so much for all the blessings I have received from you, prayers, a visit from Joyce and the lovely altar flowers.

God bless all of you. Sincerely, Ruth Valentine

Healing Service will be on Sunday, May 22nd (instead of the last Sunday – Memorial Weekend)

May 28th Town Hall: Koffee Klatch with St. Luke Council after 5 pm service

Other dates: July 31 after 10 am service & October 29 after 5 pm service

June 18th Lutheran Heritage Day and Hunger Walkathon 10 am—2 pm

At Lake Montebello Park, the site of the Martin Luther statue. Help the Coalition of Lutherans Advancing in Mission (C.L.A.I.M.) celebrate Baltimore's rich Lutheran heritage and raise funds and awareness of hunger issues here and abroad. Your \$20 donation will benefit ELCA World Hunger, the Maryland Food Bank, and Movable Feast. Visit: www.demdsynod.org or contact CLAIM Coordinator, Jennifer Arnold at CLAIMBaltimore<at>gmail.com or 410-499-6949.



Congratulations Zach Egner, outstanding student and graduate!

Zach Egner was selected as the outstanding student in Transportation Technology at Eastern Technical High School. The Baltimore County Career and Technology Education Advisory Council in conjunction with the Baltimore County Public Schools' Office of Career and Technology Education will honor Zach at the 37th Annual Career and Technology Education Student Recognition Dinner.

Also, Zach has placed in the Maryland State Finals of the 2011 AAA/FORD Student Auto Skills Competition. Ford Motor Company and AAA co-sponsor this program to recognize excellence in high school automotive technology skills. The State Finals will take place Saturday May 7th at CCBC Catonsville, with the winning student team going to Detroit in June for the National Competition.

Congratulations to Zach Egner who will graduate from Eastern Technical High School on June 6th. He will be attending CCBC-Catonsville in the fall to participate in the automotive technology program as well as playing soccer for them.

May Birthdays

- 05/01 Miller, Patricia**
- 05/01 Kelley, Judi**
- 05/01 Okankwu, Helen**
- 05/04 Orlando, Matthew**
- 05/07 Peterson, Roy**
- 05/07 Preisendorfer, Linda**
- 05/08 Bauer, William**
- 05/11 Lemmon, Marie**
- 05/17 Haupt, Eric**
- 05/20 Warner, Rev. Eileen**
- 05/20 Vigilante, Linda**
- 05/21 Geis, Ruth**
- 05/21 Orlando, Jessica**
- 05/22 Miller,*Alina**
- 05/23 Pack, Elizabeth**
- 05/24 Caprio, Tim**
- 05/26 Beck, Mary**
- 05/28 Williams, Karen**
- 05/28 Williams, Kiersten**
- 05/31 Provenzano, Candace**



Surprising the Mom to Be

We have good news to share, Katya Afonasyeva, our Sunday musical director, gave birth to her new baby daughter on April 20th at 3:44 a.m. weighing 8 lbs. 11 oz. The baby's name is Victoria.

All those pretty pink things that were gifted to Katya at her surprise baby shower will certainly come in handy. Congratulations to Victoria's new parents, Vadim and Katya from their friends at St. Luke, and a belated Happy Mother's Day Katya!

Taking Time for Lunch and Fellowship



Doing any thing special Wed. May 11th at 11:30 a.m.? You are invited to a special St. Luke event, lunch and fellowship with the men and women of the congregation. Getting together once a month for lunch, at an area restaurant, has become a happy tradition for our congregation. This month the restaurant will be in Perry Hall at the Silver Spring Mining Company. It is at 8634 Belair Road, Perry Hall, Md.

Remember, if you want a good meal and some good spirited conversation and fellowship join us on Wed. May 11th at 11:30 a.m.

All are invited! See you there !